

**NAMPA FARMERS MARKET AND IDAHO PREFERRED® TEAM FOR  
COOKING DEMONSTRATION**  
***Idaho Preferred® team to create delicious dishes using Idaho products***

NAMPA, Idaho (June 27, 2007) - The Nampa Farmers Market will team with Idaho Preferred®, a program managed by the Idaho State Department of Agriculture, Saturday, June 30 at 10:30 a.m., to host a cooking demonstration using products grown or produced by Idaho Preferred® members.

Leah Clark, program manager for Idaho Preferred®, and Lacey Menasco, trade specialist with the Idaho State Department of Agriculture, will showcase locally-grown products from vendors featured at the Nampa Market on Saturday.

Clark will guide spectators through the preparation of an entire meal to demonstrate the array of dishes people can create with products from the state of Idaho. “This is a great way to showcase all Idaho has to offer,” says Clark. “You can easily prepare a delicious meal using the freshest ingredients produced by Idaho’s farmers, ranchers and specialty food producers. Menasco added “We’ll be using ingredients from Idaho Preferred® members at the market like homemade bread and honey from the Powers and fresh fruits and vegetables from Little Acres. It is a great opportunity for consumers to experience the wide variety of Idaho products and pick up some new recipe ideas too.”

**About Idaho Preferred**

For more information about Idaho Preferred® and the fresh, quality products offered by Idaho Preferred® members, please visit [www.idahopreferred.com](http://www.idahopreferred.com), or contact Leah Clark at the Idaho State Department of Agriculture: 208-332-8684